



Out of Hibernation 5K
 April 8, 2017 Portsmouth, NH
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
1	RYAN PROULX	37	M	PORTSMOUTH	NH	152	17:02	5:29
2	BEN POLICHRONOPOUL	26	M	PORTSMOUTH	NH	173	17:13	5:33
3	Trevor Willobee	29	M	Rochester	NH	91	17:59	5:48
4	NATE SMITH	36	M	SANFORD	ME	147	18:32	5:58
5	CRAIG FRAM	58	M	EXETER	NH	156	18:46	6:03
6	Jason Saltmarsh	46	M	North Hampton	NH	74	18:56	6:06
7	Erin McDonough	26	F	Portsmouth	NH	102	19:59	6:26
8	Ryan Moore	26	M	Portsmouth	NH	86	20:05	6:28
9	Peyton Saltmarsh	13	M			130	20:52	6:43
10	Philip Daley	31	M	Woodbury Ave	NH	78	20:58	6:45
11	Brad Stephens	24	M	York	ME	57	21:28	6:55
12	Bob Gashlin	56	M	Falmouth	ME	312	21:35	6:57
13	SAMUEL BROWN	25	M	PORTSMOUTH	NH	188	21:54	7:03
14	Benjamin Blaudschun	35	M	Rye	NH	52	21:56	7:04
15	Dan Carpenter	37	M	Portsmouth	NH	79	21:57	7:04
16	JOHN WEBBER	59	M	HAMPTON	NH	160	22:14	7:10
17	Kristin Moses	29	F	Manchester	NH	75	22:26	7:14
18	Colin Lynch	27	M	Portsmouth	NH	21	22:39	7:18
19	benjamin yapp	36	M			141	22:44	7:19
20	MICHAEL LABONTE	50	M	BEDFORD	NH	149	22:45	7:20
21	Richard Masta	30	M	Rochester	NH	19	22:54	7:23
22	James Crawford	62	M	York	ME	104	22:57	7:24
23	Julie Girard	56	F			323	23:08	7:27
24	Lisa Davis	41	F	Berwick	ME	88	23:10	7:28
25	Joseph Zahn	40	M			127	23:46	7:39
26	Arielle Stickney	25	F	Concord	NH	317	23:56	7:43
27	ROBERT TIBERT	27	M	ROCKPORT	MA	163	23:59	7:44
28	Bryce Kelly	28	M	Porsmouth	NH	108	24:05	7:45
29	David Hansen	23	M	Portsmouth	NH	94	24:25	7:52

30	KATHLEEN GREIG	32	F	ARUNDLE	ME	159	24:26	7:52
31	Tyler Lowe	36	M	Kittery	ME	96	24:30	7:53
32	Anne Zahn	28	F			128	24:37	7:56
33	Tim Michaud	50	M			321	24:42	7:57
34	Jessica Flores	25	F	Rochester	NH	83	24:48	7:59
35	JAN BLACKSTONE	37	M	NEW MARKET	NH	165	24:55	8:01
36	TYLER WILLEY	27	M	PORTSMOUTH	NH	186	24:56	8:02
37	HEATH NORRIS	40	M	PORTSMOUTH	NH	166	25:02	8:04
38	Unknown Runner					0	25:09	8:06
39	Matt Healey	46	M	portsmouth	NH	5	25:19	8:09
40	Hannah Orestis	30	F	Kennebunkport	ME	8	25:21	8:10
41	JASON STENSGEY	40	M	PORTSMOUTH	NH	148	25:24	8:11
42	Thomas Ruggio	37	M	Hooksett	NH	61	25:35	8:14
43	Laura Hansen	28	F	Portsmouth	NH	308	25:48	8:19
44	Kevin Dwyer	25	M	Portsmouth	NH	320	25:57	8:21
45	Joseph Normand	33	M	Salem	MA	18	25:58	8:22
46	SARAH BEASLEY	32	F	PORTSMOUTH	NH	158	26:00	8:23
47	Tim Mahle	37	M	epsom	NH	50	26:02	8:23
48	Michael Dwyer	27	M	Portsmouth	NH	106	26:08	8:25
49	Stan Garrity	64	M	Manchester	NH	105	26:10	8:26
50	Katherine Foster	31	F	Kittery	ME	45	26:15	8:27

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Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
51	Mary Godfrey	39	F	Amesbury	MA	40	26:23	8:30
52	SHANE BREWER	28	M	YORK	ME	144	26:29	8:32
53	Jimmy Farinella	51	M	Freedom	NH	33	26:31	8:32
54	CAYDEN MAHLE	10	M	EPSOM	NH	174	26:35	8:34
55	KATE JOHNSON	35	F	YORK BEACH	ME	162	26:45	8:37
56	Debbie Anshewitz	49	F	Derry	NH	92	26:46	8:37
57	Kathy Brennan	52	F	Salisbury	NH	12	26:53	8:40
58	Nayla Sprouse	36	F			136	27:11	8:45
59	Laura Ego	37	F	Charlestown	MA	58	27:12	8:46
60	Brian Ego	39	M			126	27:13	8:46
61	Stephen Grenier	55	M	Stratham	NH	87	27:33	8:52
62	Anna Zahn	35	F	Eliot	ME	68	27:41	8:55
63	MEGAN BREWER	27	F	YORK	ME	145	27:44	8:56
64	Sandra Sheeran	60	F	Sandown	NH	29	27:49	8:58
65	Jennifer Johnson	45	F	Kittery Point	ME	138	27:55	9:00
66	Marissa Lavigne	24	F			134	27:57	9:00
67	Sara Blackadar	35	F	Rochester	NH	139	28:07	9:03
68	Maria Czop	62	F	Kittery	ME	41	28:08	9:04
69	ERIN PROULX	37	F	PORTSMOUTH	NH	151	28:14	9:06
70	Arthur Xanthos	56	M			122	28:47	9:16
71	Kelsey Murray	24	F	Kittery	ME	84	28:54	9:18
72	Kobe White	10	M			325	28:59	9:20
73	Barry White	42	M	Dover	NH	315	29:00	9:20
74	Jenny White	44	F	Portsmouth	NH	80	29:01	9:21
75	Jessica Tremblay	41	F	Bedford	NH	303	29:10	9:24
76	Jon Ingram	49	M			322	29:11	9:24
77	Cameron Saunders	53	F	Portsmouth	NH	72	29:21	9:27
78	Doug Anshewitz	50	M	Derry	NH	97	29:30	9:30
79	Gregg Kunkel	44	M	Manchester	NH	26	29:40	9:33
80	Lisa Xanthos	54	F	Dover	NH	59	29:41	9:34

81	Dana Hilliard	45	M	Somersworth	NH	318	29:45	9:35
82	Carissa Smullen	32	F	Auburn	NH	55	29:48	9:36
83	Jonathan Smullen	35	M			121	29:50	9:36
84	Katie Magnusson	34	F	Stratham	NH	56	29:54	9:38
85	Elmer Saravia	27	M	Concord	NH	70	29:59	9:39
86	Kaira Wells	25	F			123	30:00	9:40
87	Kellyann Estrem	26	M	Concord	NH	62	30:02	9:40
88	Faye Gagnon	72	F	Portsmouth	NH	73	30:06	9:42
89	NICOLE MACMILLAN	42	F	YORK	ME	327	30:11	9:43
90	MARISOL DOYLE	39	F	SOMERSWORTH	NH	164	30:14	9:44
91	Judy Michaud	48	F	Manchester	NH	302	30:19	9:46
92	CLARA DAW	10	F	PORTSMOUTH	NH	170	30:21	9:47
93	Michelle Deorocki	45	F	Greenland	NH	82	30:23	9:47
94	Meagan Goodwin	29	F	Haverhill	MA	54	30:25	9:48
95	Megan Breton	27	F	Rochester	NH	49	30:26	9:48
96	KELSEY WEAVER	27	F	PORTSMOUTH	NH	155	30:29	9:49
97	Norm Whittaker	47	M			120	30:45	9:54
98	Patrick Mahon	26	M	Newmarket	NH	313	30:49	9:55
99	Brandy Mahle	35	F	epson	NH	53	31:06	10:01
100	Rachel Philbrick	25	F	Kittery	ME	42	31:19	10:05

Page 3

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=====	=====	==	=	=====	==	==	=====	=====
101	Raya Al-Hashmi	26	F	Portsmouth	NH	76	31:35	10:10
102	Heather Taylor	39	F	Penacook	NH	85	31:40	10:12
103	Meg Ross	33	F	White River Juncti	VT	314	31:46	10:14
104	Jeremy McFarlin	30	M			324	31:47	10:14
105	ARTHUR BLAIS	47	M	PORTSMOUTH	NH	178	31:59	10:18
106	Patrick Sheeran	64	M	Sandown	NH	30	32:02	10:19
107	Gwen Quintanilla	42	F	Newmarket	NH	35	32:08	10:21
108	Sam Lajeunesse	9	M			132	32:10	10:22
109	Holly Lajeunesse	42	F			131	32:12	10:22
110	TRACY RITZO	50	F	RYE	NH	175	32:15	10:23
111	TIMOTHY SMITH	32	M	GREENLAND	NH	143	32:18	10:24
112	Brianna Allard	38	F	Wellesley	MA	63	32:27	10:27
113	LESSA DAW	57	F	PORTSMOUTH	NH	171	32:53	10:36
114	Lesley Kimball	45	F	Portsmouth	NH	28	33:02	10:38
115	Sarah Dustin	38	F	Kittery	ME	93	33:23	10:45
116	HANNAH-JOY NAECHTER	30	F	SOMERSWORTH	NH	168	33:32	10:48
117	Jen Brown	32	F	Stamford	CO	27	33:33	10:48
118	heidi yapp	42	F	Portsmouth	NH	140	33:41	10:51
119	Kaitlin Mulqueen	29	F	York	ME	81	33:56	10:56
120	KRISTIN CLARK	45	F	HAMPTON	NH	157	34:10	11:00
121	Sarah Johnson	26	F	Portsmouth	NH	24	34:13	11:01
122	BONNIE STANIEWICZ	49	F	BARRINGTON	NH	169	34:21	11:04
123	Kelly Hebert-Ruggio	39	F	Hooksett	NH	60	34:23	11:04
124	Ralph Harris	75	M	Lyman	ME	32	34:30	11:07
125	Heather Clark	36	F	Hampton	NH	95	34:40	11:10
126	BRANDON TERRY	42	M	PORTSMOUTH	NH	137	34:50	11:13
127	Tara Davenport	31	F	Pembroke	NH	67	35:20	11:23
128	Peter P Bresciano	75	M	Portsmouth	NH	3	35:21	11:23
129	HEATHER DORGAN	52	F	KITTERY	ME	176	35:22	11:23
130	Nancy Kanner	46	F	Portsmouh	NH	107	35:24	11:24
131	ALAN BARCLAY	48	M	HAMPTON	NH	187	35:32	11:27

132	Ben Ross	27	M			116	35:37	11:28
133	Holly Mandigo-Aly	48	F	Hampton	NH	13	35:53	11:33
134	Alaine Hansen	30	F	Cambridge	MA	101	36:17	11:41
135	Jenaya Paradis	27	F	Portsmouth	NH	309	36:27	11:44
136	Kathryn Komerska	15	F			119	36:31	11:45
137	Carolyn Komerska	47	F	Newmarket	NH	39	36:35	11:47
138	Vanessa Evardone	39	F	Manchester	NH	31	36:44	11:50
139	Carol Ann Bonenfant	70	F	Epping	NH	17	38:16	12:19
140	Zack Lajeunesse	7	M			133	38:21	12:21
141	Jason Lajeunesse	39	M	Greenland	NH	77	38:23	12:22
142	NINA LABONTE	51	F	BEDFORD	NH	150	38:57	12:33
143	Candy Fish	53	F	Dover	NH	46	39:10	12:37
144	Amanda Chappell	35	F	Somersworth	NH	71	39:12	12:37
145	Jonathan Dumas	41	M	Rye	NH	65	39:48	12:49
146	Rick Schnable	69	M	Dover	NE	48	40:16	12:58
147	Jenna Smith	28	F	Fremont	NH	25	40:56	13:11
148	Karen Kelley	63	F	Kittery Point	ME	37	41:14	13:17
149	Christine Bistany	47	F	Salem	NH	20	41:43	13:26
150	Rebecca Capo	40	F	Northwood	NH	66	41:52	13:29

Page 4

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151	John Oldach	43	M			125	41:52	13:29
152	Barbara Reichard	49	F	Exeter	NH	64	42:24	13:39
153	Richard Bouchard	51	M			124	42:24	13:39
154	LISA NELTHROPP	56	F	DOVER	NH	172	43:54	14:08
155	TIFFANY CHAPMAN	19	F	SOMERSWORTH	NH	154	43:56	14:09
156	KATE MACDONALD	32	F	NEW CASTLE	NH	142	45:49	14:45
157	Terry Lee Harrington	66	F	Salisbury	MA	1	46:08	14:51
158	STEPHANIE MCKEE	50	F	ROCHESTER	NH	6	46:15	14:54
159	NICHOLAS MCKEE	25	M			111	46:16	14:54