Greetings Brethren,

Two very successful events were held in August - The “Ladies at the table” Dinner and our “Community Builders Award” Dinner. Both were very well attended: the Ladies at the Table event came within a couple seats of being sold out and the Community Builders Award Dinner had so many attend that the Masters and Officers of St. Johns and St. Andrews gave up their head table seats so the families attending to see the awards given could sit together. I want to give a few “thank you’s” to those whose help was critical to the success of both events. First to brother Phil Frazer for his “culinary magic” in putting together a five course meal for Ladies at the Table and then turning around and preparing a “A Summer’s Picnic Dinner” for the large and hungry crowd that attended the Community Builders award dinner. I want to thank brother Tim Neihart for backing up Phil in the kitchen during “Ladies at the Table” and brother Jack Hartman for his help in the Kitchen with the Community Builders event. Thanks to brothers Nick Pesarik, Rahmir Arlington, and the members of Morrison Lodge who acted as wine stewards and servers for Ladies at the Table. Nick did a great job keeping the servers organized, the wine “cannons” filled, and cuing the band to keep them in sync with the seven toasts given during the dinner. We will be recommending him for the head butler’s position on the next season of Downton Abby! Thanks also to brother Craig Brown for dealing with all the headaches of getting tickets out, making and keep track of reservations, etc. Thanks to brother Steve Arnold who did an excellent job as Master of Ceremonies for the Community Builders Awards and to brother Eric Arnold for framing the award certificates. Thanks to brother Joe Paella for finding, negotiating with and arranging for the band that played for Ladies at the Table. Thanks to brother Glen Gordon and brother Dale Mills who jumped in and helped set up the serving table for the Community Builders Award Dinner. And last but by no means least thanks to my fellow “Master” Terri Long of St. Andrews Lodge for arranging for flowers, getting programs printed, and arranging for a Master of Ceremonies.

To date, we have received a great deal of positive feedback about both occasions (especially from the parents of the three girls we gave our award to), and although each event represents a great deal of work and some costs, the general consensus seems to be to “do it all again” another year. I have also been asked if we could consider “bringing back” the tradition of an early-in-December Christmas Party for brothers and families. As you can see from the above paragraph (other than the fact it is a run-on paragraph) it takes a good size team to make events of this nature work. After this last month I am convinced we can organize any event we want, but the success of that event is totally dependent on that “team” of brothers that is dedicated to seeing it through. If you are interested in being part of our “events” team, let the Junior Warden, Senior Warden, or myself know.

Continued on page 6

September represents no slow-down in Masonic activities from the peak of the summer

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**Masonic Trivia**

What is the largest Masonic structure in the World?

**Answer for August trivia**—The answer to last month’s trivia question is Fort Knox Kentucky. However there is some controversy surrounding this. The British have never confirmed or denied the report, and to this day have not made an official statement as to where the crown jewels were kept during World War II. Stories also circulated that it was actually the Hungarian crown jewels kept at Fort Knox. No matter what, there is no doubt two Masons would have been involved in any such decisions involving these documents and crown jewels President Franklin D. Roosevelt and Prime Minister Winston Churchill.
Master’s Message continued

mer season. We have our stated on the Wednesday 2
nd, and A Master Masons
degree on the 15th. The First masonic District will be holding its annual
farm degree on September 12th and the Fist District Lodge of Instruction on
September 25th (all Master Masons raised in the last year should plan on at-
tending the LOI). Our St. John’s – St. Andrews joint Masonic Veterans night
will be held on September 30th.

One of the topics discussed after this past April’s annual Out of Hibernation
5K road Race was the need to begin finding sponsors and contributors early
on in the organization process. Brother Howard Kalet will be starting this
month with coordinating the effort to identify and commit sponsors and con-
tributors to the 2016 race. If you are interested in helping out with this very
important part of our annual road race, please let Howard know.

Brethren, we have many things going on a few of I have not listed because
(1) these activities are in the “earliest state of planning” and (2) I have used
up more than my share of space in this month’s trestle board and the Trestle
Board along with St. John’s website is our way of keeping you informed, but
the best way to be” in the know” and keep in contact with the brothers re-
mains to join us in Lodge, join us in our various activities, and most im-
portantly become involved!

Fraternally Yours,

Wor. Rod MacDonald
Worshipful Master

September 2015

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Stated Communication—Open in EA
Wednesday, September 2, 2015
(Dinner 6:00, Open 7:00)
Dinner—Spaghetti & Meatballs ($8)
Officer dress—White Tie and Tails

1st Masonic District—Annual “Farm” Degree And Cookout
Saturday, September 12th

Special Communication—Master Mason Degree
Wednesday, September 16, 2015
Dinner—Baked Haddock ($8.00)
Officer dress—White tie and tails

EA Rehearsal for DDGI’s Inspection
All officers required to attend
Wednesday, September 23rd—7:00PM

Masters & Wardens (Tucker Lodge—Raymond)
Thursday, September 24th, 6:30PM

First District Lodge of Instruction
Friday, September 25th

Masonic Veteran’s Program
St. John’s and St. Andrew’s
Wednesday, September 30th

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Cary David Allen

Within driving distance of Portsmouth there are some of the finest medical schools in the world, including Harvard Medical School, Tufts University School of Medicine, Boston University School of Medicine, University of Massachusetts Medical School, University of New England College of Osteopathic Medicine, and of course, New Hampshire’s Geisel School of Medicine at Dartmouth College. And from coast to coast there are even more exceptional medical schools; for example, Johns Hopkins School of Medicine in Baltimore, the David Geffen School of Medicine at UCLA, and the Virginia Commonwealth School of Medicine in Richmond.

The Virginia Commonwealth School of Medicine, also known as VCU Medical School, opened in 1838 as part of Hampden-Sydney College in Richmond, Virginia. In 1854 it became an independent institution known as the Medical College of Virginia or MCV for short. During the Civil War, the MCV hospital and several other adjacent buildings became the headquarters of the Confederate Army and one of the resident MCV doctors became the personal physician of General TJ “Stonewall” Jackson. Funding for the hospital during the difficult times of the Civil War was nearly nonexistent and the administrators had to give up their ambulance horse for enough money to remain in operation. Somehow, MCV survived the war, and moved to the forefront of clinical treatment with the introduction of the syringe, thermometer and local anesthesia in 1874. Prior to anesthesia, surgery was performed in patient rooms with chloroform, and surgery could only be performed in the winter months because cholera, typhoid and diphtheria made the population too weak to sustain an operation during the summer months. Also in 1874, through the use of a binocular microscope, doctors at MCV saw for the first time that inflammation and blood cells were required for healing. It seems obvious today but it wasn’t then and with this discovery, the medical community finally abandoned the centuries-old practice of blood-letting (the procedure performed on Bro. George Washington right before his death).

In 1900, MCV became the first in the country to expand the medical school curriculum to four years, as opposed to the four month curriculum when the college first began. In 1968, MCV joined with Richmond Professional Institute to form Virginia Commonwealth University and today it serves as the area’s only Level I Trauma Center as well as a major referral center for the Southeast. Over the last 160 years, quite a few doctors and nurses earned their medical degrees from this fine school which you probably never heard of until today. In fact, graduating with the Class of 1916 was a Virginia native by the name of Cary D. Allen whose story is quite interesting.

Cary David Allen was born on September 6, 1888 in White Gate, Virginia, a son of John P. and Frances R. (Bulman) Allen. White Gate is a small town in a wide green valley of farmland and old homes in the center of Virginia, a couple hundred miles due west of Richmond. On August 27, 1913 while in Medical School, he married his sweetheart Winnie R. Burkhalter. Following graduation from MCV in 1916, Dr. Allen did his residency at Hygeia Hospital and Sanatorium in Richmond and in 1918 accepted a commission in the U.S. Navy. He served as a medical officer with the U.S. Navy Medical Corps during World War I. Following the war, he remained in the Navy as a career medical officer and continued his education, eventually earning advanced degrees from the U.S. Naval Medical School in Norfolk, the Army Chemical School at Fort Leonard Wood in Missouri, and the Navy Post Graduate School in New York. In 1938, after 20 years of dedicated military service, he retired from active duty with the rank of Commander.

Immediately following his retirement from the Navy, Dr. Allen, a specialist in Otolaryngology settled in Portsmouth, New Hampshire and opened an Eye, Ear, Nose and Throat (ENT) practice at 350 State Street across from the Rockingham Hotel. At the outbreak of World War II, he was recalled to active duty and returned to service with the Navy Medical Corps for the duration of the war. Following the war, he returned to his ENT practice in Portsmouth and saw patients until his retirement in the 1950’s.

Dr. Allen was a member of the American College of Surgeons, the American Board of Otolaryngology, the American Medical Association, and the First Pan-American Congress of Bronchoesophagology (the branch of medicine concerned with the air passages (bronchi) and esophagus) and Otorhinolaryngology (the area of medicine that deals with disorders and conditions of the ear, nose, and throat region, and related areas of the head and neck). He was one of the most highly regarded and respected ENT specialist that Portsmouth has ever known.

About now you must be wondering what this has to do with St. John’s Lodge. Well; as you probably surmised, Cary Allen was a member of the Masonic Fraternity. Bro. Allen was Raised a Master Mason in Walkers Creek Lodge, No. 205, in Poplar Hill, Virginia on August 2, 1908. He was also a member of the Scottish Rite bodies and Acca Shrine in Richmond. To our very good fortune, this good man affiliated with St. John’s Lodge in Portsmouth on December 1, 1937 and was an active member of our Lodge until his passing at his home on Middle Street on January 22, 1968 at the age of 79 years.

More than 200 persons gathered at Buckminster Chapel for the funeral services of Commander and Bro. Cary David Allen, MD. The services were conducted by Rev. Bro. John N. Feaster, D.D., pastor of the North Congregational Church. There was a large attendance of doctors and dentists from the area; members of the staff and nurses of Portsmouth Hospital; a delegation from the National Sojourners; members of St. John's Lodge; representatives of the Scottish Rite Bodies; and members of the Mystic Shrine. Honorary bearers were former NH Governor Charles M. Dale, Capt. Robert Guile, Capt. Robert Anderson, Dr. George Patten, Daniel Tarbell and Philip Lydston.